

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Lap 11:00am-12:00pm</p> <p>Open Fit Fun 12:00pm-1:00pm</p> <p>Family Open Swim \$5 per person/\$10 per family 1:00pm-3:00pm</p> <p>*Family Swims and Fun Runs require an adult in the water with a child under 6 yrs old. NO EXCEPTIONS.</p> <p>We will be closed on Sunday, November 27 for Fitter & Faster Swim.</p>	<p>Morning lap 6:00am-7:30am</p> <p>Cardio Mix-up 7:45am-8:30am</p> <p>Deep Water Aerobics 8:30am-9:30am</p> <p>Senior Fitness 8:30am-9:30am</p> <p>Volleyball 9:30am-10:30am</p> <p>Water Walking 10:00am-11:00am</p> <p>Afternoon lap 11:00am-12:00pm</p> <p>Ready, Set, Swim! 12:15pm-1:15pm</p> <p>Schooners Practice 2:30pm-5:30pm</p> <p>Group lessons Infant/Toddler: 5:30pm-6:00pm Levels 1-3: 6:00pm-7:00pm Levels 4-6: 7:00pm-8:00pm</p>	<p>Aqua Chi 8:00am-9:00am</p> <p>Sculpt 9:00am-10:00am</p> <p>Open Fit Fun 10:00am-11:30am</p> <p>Afternoon lap 11:30am-12:30pm</p> <p>Schooners Practice 2:30pm-5:30pm</p> <p>Water HIIT 5:45pm-6:30pm</p> <p>Evening Lap 6:30pm-7:30pm</p>	<p>Morning lap 6:00am-7:30am</p> <p>Boot camp 7:45am-8:30am</p> <p>Deep Water Aerobics 8:30am-9:30am</p> <p>Senior Fitness 8:30am-9:30am</p> <p>Volleyball 9:30am-10:30am</p> <p>Water Walking 10:00am-11:00am</p> <p>Afternoon Lap 11:00am-12:00pm</p> <p>Ready, Set, Swim! 12:15pm-1:15pm</p> <p>Schooners Practice 2:30pm-5:30pm</p> <p>Evening Lap/Water Walking -2 lanes lap -4 lanes water walking 5:30pm-7:30pm</p> <p>Water Aerobics 6:30pm-7:30pm</p>	<p>Aqua Chi 8:00am-9:00am</p> <p>Sculpt 9:00am-10:00am</p> <p>Open Fit Fun 10:00am-11:30am</p> <p>Afternoon lap 11:30am-12:30pm</p> <p>Schooners Practice 2:30pm-5:30pm</p> <p>Volleyball 5:45pm-7:30pm</p> <p>We will be closed on Thursday, November 24 in observance of the Thanksgiving holiday.</p>	<p>Morning lap 6:00am-7:30am</p> <p>Boot Camp 7:45am-8:30am</p> <p>Deep water Aerobics 8:30am-9:30am</p> <p>Senior Fitness 8:30am-9:30am</p> <p>Volleyball 9:30am-10:30am</p> <p>Water walking 10:30am-11:30am</p> <p>Afternoon lap 11:30-12:30pm</p> <p>Family Open Swim \$5 per person/\$10 per family 4:30-6:30pm</p> <p>*Family Swims and Fun Runs require an adult in the water with a child under 6 yrs old. NO EXCEPTIONS.</p> <p>We will be closed on the evening of Friday, November 25.</p>	<p>Lap 10:00am-11:00am</p> <p>Water walking 11:00am-12:00pm</p> <p>Family Open Swim \$5 per person/\$10 per family 12:00pm-2:00pm *Fun Run is currently unavailable as it is being repaired.</p> <p>Pool Party Rentals 2:00pm-4:00pm</p> <p>*Family Swims and Fun Runs require an adult in the water with a child under 6 yrs old. NO EXCEPTIONS.</p> <p>We will be closed on Saturday, November 26 for Fitter & Faster Swim.</p>