

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Open Fitness 11:00am-12:00pm</p> <p>Lap 12:00pm-1:00pm</p> <p>Family Open Swim \$5 per person/\$10 per family (50 person max) 1:00pm-3:00pm</p> <p>*Family Swims and Fun Runs require an adult in the water with a child under 6 yrs old. NO EXCEPTIONS.</p>	<p>Morning lap 6:00am-7:30am</p> <p>Boot camp 7:45am-8:30am</p> <p>Deep Water Aerobics 8:30am-9:30am</p> <p>Senior Fitness 8:30am-9:30am</p> <p>Volleyball 9:30am-10:30am</p> <p>Water Walking 10:30am-11:30am</p> <p>Afternoon lap 11:30am-12:30pm</p> <p>Evening Lap/Water Walking -2 lanes lap -4 lanes water walking 4:30pm-6:00pm</p> <p>Evening Lap/Open Swim -2 lanes lap -4 lanes open swim 6:00pm-7:30pm</p> <p><i>Schooners' "Give Swim A Try" Night</i> <i>Monday, Sept. 19 from 4:30-6:00pm</i></p> <p>THERE WILL BE NO EVENING SWIM ON MONDAY, SEPT. 19</p>	<p>Aqua Chi 8:00am-9:00am</p> <p>Sculpt 9:00am-10:00am</p> <p>Open Fit Fun 10:00am-11:30am</p> <p>Afternoon lap 11:30am-12:30pm</p> <p>Water HIIT 4:45pm-5:30pm</p> <p>Splash Dance 5:45pm-6:30pm</p> <p>Evening Lap 6:30pm-7:30pm</p>	<p>Morning lap 6:00am-7:30am</p> <p>Boot camp 7:45am-8:30am</p> <p>Deep Water Aerobics 8:30am-9:30am</p> <p>Senior Fitness 8:30am-9:30am</p> <p>Volleyball 9:30am-10:30am</p> <p>Water Walking 10:30am-11:30am</p> <p>Afternoon Lap 11:30am-12:30pm</p> <p>Evening Lap/Water Walking -2 lanes lap -4 lanes water walking 4:30pm-6:00pm</p> <p>Evening Lap/Open Swim -2 lanes lap -4 lanes open swim 6:00pm-7:30pm</p> <p><i>Adult Drop In Swim Lessons</i> <i>Wednesday, Sept. 21 from 5:00pm-6:00pm</i> <i>\$5 member/\$10 non-member.</i></p>	<p>Aqua Chi 8:00am-9:00am</p> <p>Sculpt 9:00am-10:00am</p> <p>Open Fit Fun 10:00am-11:30am</p> <p>Afternoon lap 11:30am-12:30pm</p> <p>Open Fit Fun 4:30pm-6:00pm</p> <p>Volleyball 6:00pm-7:30pm</p> <p><i>Ready, Set, Swim!</i> <i>Thursday, Sept. 29 10:00am-11:00am</i></p>	<p>Morning lap 6:00am-7:30am</p> <p>Boot Camp 7:45am-8:30am</p> <p>Deep water Aerobics 8:30am-9:30am</p> <p>Senior Fitness 8:30am-9:30am</p> <p>Volleyball 9:30am-10:30am</p> <p>Water walking 10:30am-11:30am</p> <p>Afternoon lap 11:30-12:30pm</p> <p>Family Open Swim \$5 per person/\$10 per family (50 person max) 5:30-7:30pm</p> <p>THERE WILL BE NO EVENING SWIM ON FRIDAY, SEPT. 30 DUE TO HOMECOMING NIGHT.</p> <p>*Family Swims and Fun Runs require an adult in the water with a child under 6 yrs old. NO EXCEPTIONS.</p>	<p>Water walking 10:00am-11:00am</p> <p>Lap 11:00pm-12:00pm</p> <p>Family Open Swim \$5 per person/\$10 per family (50 person max) 12:00pm-2:00pm *Fun Run is currently unavailable as it is being repaired.</p> <p>Pool Party Rentals 2:00pm-4:00pm</p> <p>*Family Swims and Fun Runs require an adult in the water with a child under 6 yrs old. NO EXCEPTIONS.</p>