

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Water walking 12-1pm</p> <p>Afternoon lap 1-2pm</p> <p>Family open swim (\$3 per swimmer) 2-4pm</p> <p>*All family swims require an adult in the water with a child under 8 yrs old. NO EXCEPTIONS!</p>	<p>Morning lap 5:30-7am</p> <p>Boot cap 7:30-8:30am</p> <p>Deep water Aerobics 8:30-9:30am</p> <p>Senior Fitness 8:30-9:30am</p> <p>Volleyball 9:30-10:30am (6 persons per side max)</p> <p>Water walking 10-11:30am</p> <p>Afternoon lap 11:30-12:30pm</p> <p>Club 2:30-5:30pm</p>	<p>Morning lap 5:30-7am</p> <p>Aqua Chi 8-9am</p> <p>Shallow Water Sculpt 9-10am</p> <p>Water walking 10-11:30am</p> <p>Afternoon lap 11:30-12:30pm</p> <p>Club 2:30-5:30pm</p>	<p>Water walking 10-11:30am</p> <p>Afternoon lap 11:30-12:30pm</p> <p>Swim Lessons: *** (Start October 7th and run for 4 Wednesdays. Each month starts a new session)***</p> <p>Swim lessons Level 1 and 2 4:45-5:30pm</p> <p>Swim lessons Level 3 to 6 5:30-6:15pm</p> <p>Infant/toddler lessons (5mo to 4 ½ years) 6:20-6:50pm</p> <p>Club 3-4pm</p>	<p>Morning lap 5:30-7am</p> <p>Shallow Water Sculpt 9-10am</p> <p>Water walking 10-11:30am</p> <p>Afternoon lap 11:30-12:30pm</p> <p>Water walking 5:30-7pm</p> <p>Aerobics 5:30-6:30pm</p> <p>Evening lap 6:30-7:30pm</p> <p>Club 2:30-5:30pm</p>	<p>Morning lap 5:30-7am</p> <p>Boot Camp 7:30-8:30am</p> <p>Deep water Aerobics 8:30-9:30am</p> <p>Senior Fitness 8:30-9:30am</p> <p>Volleyball 9:30-10:30am (6 persons per side max)</p> <p>Water walking 10-11:30am</p> <p>Afternoon lap 11:30-12:30pm</p> <p>Water Walk & Volleyball 4:30-6pm</p> <p>Free Family Fun Run 6-8pm **Max capacity in water is 50**</p>	<p>***Closed***</p>